

East District Cross Country Championships Individual Medallists (U17 Women)

No Trophy

First held in

Scottish Athletics Federation/Scottish Athletics Limited

2025-6	Rachel Caves	Harmeny AC	23.18	Cerys Wright	Lasswade AC	24.13	Ava Richardson	Gala H	24.19
2024-5	Eilidh Dallas	Strathearn H	22.20	Jessica Taylor	Edinburgh AC	22.55	Isabella Ogg	Falkirk Victoria H	23.30
2023-4	Jessica Taylor	Edinburgh AC	20.01	Elsa Mcgregor	Edinburgh AC	20.02	Natsai Nyabadza	Harmeny AC	20.26
2022-3	Orlaith Shepherd	Edinburgh AC	22.50	Isla Paterson	Gala H	23.13	Charlotte McPhie	Corstorphine AAC	23.19
2021-2	Maja Thomson	Team East Lothian	23.07	Isla Hedley	Fife AC	23.31	Olivia Clarke	Corstorphine AAC	24.02
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Anna Hedley	Fife AC	21.46	Isla Calvert	Livingston AC	22.12	Georgia Ledingham	Corstorphine AAC	22.20
2018-9	Cera Gemmell	Team East Lothian	20.12	Alice Goodall	Edinburgh AC	20.21	Isla Calvert	Livingston AC	20.46
2017-8	Eloise Walker	Edinburgh AC	17.16	Cera Gemmell	Team East Lothian	17.26	Jessica MacLeod	Corstorphine AAC	18.55
2016-7	Naomi Lang	Aberdeen AAC	16.55	Clare Stewart	Banchory Stonehaven AAC	17.02	Lauren Dickson	Lasswade AAC	17.16
2015-6	Kate Gallacher	Central AC	18.23	Naomi Lang	Aberdeen AAC	18.31	Clare Stewart	Banchory Stonehaven AAC	18.35
2013-4	Hannah Addison	Corstorphine AAC	20.31	Zoe Bates	Edinburgh AC	20.53	Morven Ferguson	Edinburgh AC	21.21
2012-3	Kathryn Gillespie	Central AC	21.20	Amy Frankland	Lasswade AAC	22.12	Louise Mercer	Gala H	22.27
2011-2	Eilidh Prise	Aberdeen AAC	16.46	Rachael Dunn	Edinburgh AC	17.01	Emma Dunnett	Edinburgh AC	17.10
2010-1	Emma Dunnett	Edinburgh AC	13.53	Halina Rees	Fife AC	14.02	Oonagh Dunnett	Edinburgh AC	14.03
2009-10	Halina Rees	Fife AC	16.44	Louisa Stewart	Edinburgh AC	17.02	Rhona Auckland	Banchory Stonehaven AAC	17.13
2008-9	Sarah Kelly	Dundee Hawkhill H	19.08	Emily Stewart	Dundee Hawkhill H	19.19	Emily Dudgeon	Edinburgh AC	19.25
2007-8	Emily Stewart	Dundee Hawkhill H	17.58	Eilish McColgan	Dundee Hawkhill H	18.20	Becky Dunphy	Arbroath & District AC	18.48
2006-7	Mhairi Inglis	Lothian RC	17.26	Siobhan Prise	Aberdeen AAC	17.38	Lauren Stoddart	City of Edinburgh	17.44
2005-6	Siobhan Coleman	Pitreavie AAC	17.02	Catriona Sinclair	Edinburgh Southern H	18.40	Stephanie Lyall	City of Edinburgh	18.48
2004-5	Siobhan Coleman	Pitreavie AAC	15.51	Megan Smith	Corstorphine AAC	17.41	Roslyn Campbell	Edinburgh Southern H	17.49
2003-4	Laura Bann	Lothian RC	17.55	Charlotte Forbes	Aberdeen AAC	18.20	Heather Brookes	Dundee Hawkhill H	18.30
2002-3	Morag MacLarty	Central AC	16.02	Melanie Thomson	Pitreavie AAC	16.26	Heather Brookes	Pitreavie AAC	17.30
2001-2	Morag MacLarty	Central AC	16.20	Samantha Marshall	Pitreavie AAC	17.05	Karen Bunyan	Central AC	17.18
2000-1	Briony Curtis	Banchory Stonehaven AAC	17.19	Samantha Marshall	Pitreavie AAC	17.54	Frances Meek	Fife AC	18.18
1999-2000	Freya Murray	Lasswade AAC	18.38	Kym Forbes	Fife AC	20.39	Hazel Ballentine	Dunfermline & West Fife AC	20.43
1998-9	Jane McCrone	Central AC	12.32	Kym Forbes	Fife AC	12.52	Lindsay Douglas	Central AC	13.04
1997-8	Karen Montador	Central AC	17.29	Tracy Stephens	Dundee Hawkhill H	17.39	Rachael Gibson	City of Edinburgh	17.46
1996-7	Laura Grossman	Edinburgh Woolen M	16.30	Hannah Norman	BT Pitreavie AAC	16.47	Anna Kyle	Aberdeen AAC	16.51
1995-6	Katie Skorupska	Fife AC	18.28	Leanne Harrison	Edinburgh AC	19.03	Anna Kyle	Aberdeen AAC	19.16
1994-5	Jennifer Ward	BT Pitreavie AAC	16.35	Karen Montador	Central AC	17.19	Julie Thomson	Teviotdale H	17.30
1993-4	Katrina Gormley	Edinburgh Woolen M	23.33	Lynsey Still	Aberdeen AAC	24.16	Jennifer Brown	Harmeny AC	24.27
1992-3	Caroline Simpson	Edinburgh SPC	19.03	Lorraine Stewart	Edinburgh SPC	19.50	Karen Gormley	Edinburgh Woolen M	20.03

Scottish Women's Cross Country Union

1991-2	Yvonne Reilly	Dundee Hawkhill H	14.13	Louise Cormack	Edinburgh SPC	14.32	Lorraine Stewart	ESPC	14.46
1990-1	Yvonne Reilly	Dundee Hawkhill H	19.31	Anne Graham	Lasswade AAC	20.17	Joanna Leddy	Whitburn AC	20.34
1989-90	Lisa Davidson	Aberdeen AAC	17.02	Claire Roy	Bathgate AC	17.16	Adrienne Murphy	Teviotdale H	17.27
1988-9	Katy Rice	Aberdeen AAC	17.37	Janie Hewat	Teviotdale H	18.42	Laura Thournire	Edinburgh Woolen M	18.47

1987-8	Sonya Grainger	Edinburgh Woolen M	16.12	Lesley Svaasand	Pitreavie AAC	16.57	Jenny Rankine	Inverness H	17.05
1986-7	Carolyn Sheehan	Aberdeen AAC	16.34	Sonya Grainger	Edinburgh Woolen M	17.38	Vikki Allan	U/A	17.46
1985-6	Carolyn Sheehan	Aberdeen AAC	12.11	Wendy Longmuir	Dundee Hawkhill H	12.23	Claire Harrison	Law	12.40
1984-5	Linda Purdie	Edinburgh AC	11.58	Susan Springett	Lochgelly & West Fife AAC	12.06	Vicki Vaughan	Pitreavie AAC	12.10
1983-4	Lee Lobban	Inverness H		Vicki Vaughan	Pitreavie AAC	17.44	Fiona McMillan	Pitreavie AAC	18.16
1982-3	Alison Johnston	Dundee Hawkhill H							
1981-2	Yvonne Murray	Edinburgh AC	15.50	Alison Johnston	Dundee Hawkhill H	16.04	Amanda Reilly	Fife Southern H	16.13
1980-1	Yvonne Murray	Edinburgh AC	17.50	Elizabeth Lynch	Dundee Hawkhill H	18.07	Shona Walker	Edinburgh Southern H	19.10
1979-80									
1978-9	Shona Walker	Edinburgh Southern H	11.40				Sandra Gammack	Pitreavie AAC	
1977-8	Wendy Sharp	Pitreavie AAC	15.21	Valerie Hurron	Edinburgh Southern H		Dawn Kitchen	Aberdeen AAC	15.30
1976-7	Kerry Robinson	Pitreavie AAC	14.43	Anne Lind	Edinburgh AC	14.52	Lorraine Johnston	Edinburgh AC	14.59
1975-6	Kerry Robinson	Pitreavie AAC	16.04	Fiona McKenzie	Pitreavie AAC	16.53	Anne Lind	Edinburgh AC	17.00
1974-5	Karen Shepherd	Edinburgh Southern H		Ann Cherry	Pitreavie AAC		Penny Gunstone	Dundee Hawkhill H	